

BE A HERO BE PREPARED

TAKE CARE OF YOUR BASIC NEEDS FOR AT LEAST 72 HOURS



PERSONAL, FAMILY & COMMUNITY EMERGENCY PREPAREDNESS

This session uses an earthquake scenario to help you become better prepared at home. The session topics include:



- typical earthquake damage/hazards,
- how to protect yourself inside and outside of your home or place of business,
- family communication and reunification,
- assembling emergency supplies, and
- community preparedness.

DISASTER PREPAREDNESS & BASIC FIRST AID FOR PETS

Learn how to take care of your pets in times of emergencies or disasters.



The session includes a demonstration and a quick lesson on basic first aid for pets presented by a Registered Animal Health Technician of the Canadian Veterinary Assistance Team.

\$10 fee covers the cost of a pet first aid starter kit.

Time	Course	Location	Barcode	Cost
THURSDAY, OCT. 12 10 a.m. - 12 p.m.	Personal, Family & Community Emergency Preparedness	Glen Pine Pavilion, 1200 Glen Pine Court	#605999	Free
TUESDAY, OCT. 17 6:45- 8:45 p.m.	Personal, Family & Community Emergency Preparedness	Coquitlam Public Library, Nancy Bennett Room, 575 Poirier Street	#605998	Free
THURSDAY, NOV. 2 10 a.m. - 12 p.m.	Personal, Family & Community Emergency Preparedness	Dogwood Pavilion, Cards Room, 1655 Winslow Ave	# 599741	Free
TUESDAY, NOV. 7 6:45 - 8:45 p.m.	Personal, Family & Community Emergency Preparedness	Coquitlam Public Library, Nancy Bennett Room, 575 Poirier Street	#606000	Free
MONDAY, NOV. 20 6:45 - 8:45 p.m.	Disaster Preparedness & Basic First Aid for Pets	Coquitlam Public Library, Nancy Bennett Room, 575 Poirier Street	#615736	\$10
THURSDAY, NOV 30 10 a.m. - 12 p.m.	Personal, Family & Community Emergency Preparedness	Glen Pine Pavilion, 1200 Glen Pine Court	#606011	Free
TUESDAY, DEC. 5 6:45 - 8:45 p.m.	Personal, Family & Community Emergency Preparedness	Coquitlam Public Library, Nancy Bennett Room, 575 Poirier Street	#606008	Free
TUESDAY, DEC. 12 10 a.m. - 12 p.m.	Personal, Family & Community Emergency Preparedness	Glen Pine Pavilion, 1200 Glen Pine Court	#606001	Free

ADVANCE REGISTRATION REQUIRED

Registration is simple – we have three methods – please note the course barcode:

1. **Online:** coquitlam.ca/signmeup
2. **In person:** Coquitlam Parks, Recreation & Culture facility
3. **Phone:** 604-927-4386 Monday through Friday 8:30 a.m. - 7 p.m.

For more information on future session dates or to request a session for your community group, please contact the Emergency Program Office at 604-927-6434 or visit coquitlam.ca/preparedness

